


SIGNATURE SALAD

All salads served with a petit pain roll.

Customer Favorites

-  **Strawberry Fields** (Award Winning) \$9.99
Mesclun greens, sliced strawberries, bleu cheese and Sunnyland Farms pecans with our exclusive, award-winning **Perrin's Sesame Vinaigrette**.
With Honey-Pecan Chicken Salad \$11.99
- Belle Meade** \$9.99
Romaine, tomatoes, shredded Swiss, shredded Parmesan, toasted almonds, bacon and Artisan croutons with our original Creamy Red Wine Vinaigrette.

More Specialities

- Faucon** \$9.99
Mixed greens, hard-boiled eggs, bleu cheese, bacon and Cranberry Pecan croutons with our original Bleu Cheese dressing.
With Chicken \$11.99
- Cobb** \$11.99
Mesclun greens, chicken, bacon, hard-boiled eggs, tomatoes and bleu cheese with our original Creamy Red Wine Vinaigrette.
- Woodmont** \$11.99
Mixed greens, chicken tenders, bleu cheese, tomatoes, hard-boiled eggs, bacon and Cranberry Pecan croutons with our house Honey Mustard dressing.

Many more seasonal selections available in the display case.

Create Your Own Salad

(Not currently available at our Green Hills location)

Signature Salad Your choice of up to 6 toppings \$7.99*
**Add \$1 for each additional topping*

Step 1: Choose Your Lettuce

- Mesclun Greens** A blend of assorted baby lettuces including red leaf, lollo rossa, tango, red oak, green romaine and red romaine.
- Mixed Greens** Our blend of romaine and iceberg.
- Romaine** Not just for Caesar anymore.

Step 2: Choose Your Fresh Toppings *Add \$.50, **Add \$1.00, ***Add \$2.00

- | | | |
|-----------------------------|----------------------|---------------------------|
| Fruits & Veggies | | |
| Apples | Cucumbers | Tomatoes, Roma |
| Artichoke Hearts | Mushrooms | Tomatoes, Sun-dried |
| Avocado** | Onions, Red | |
| Bell Peppers | Strawberries*** | |
| Nuts & Granola | Other Options | Chicken Salads *** |
| Almonds* | Bacon*** | Almond-Tarragon |
| Granola | Chicken Breast*** | Curried |
| Pecans* | Eggs | Honey Pecan |
| Walnuts* | Turkey, Pulled*** | Low-Fat |
| Cheese | | Croutons |
| Bleu | Parmesan, Shredded | Cranberry Pecan |
| Cheddar, Shredded | | Artisan |

Step 3: Choose Your Dressing

- Bread & Company Original Dressings:**
-  **Perrin's Sesame Vinaigrette**
- Balsamic Vinaigrette
- Bleu Cheese
- Creamy Red Wine Vinaigrette
- Honey Mustard
- Ranch
- Other:**
- Caesar
- Fat-free Ranch
- Fat-free Raspberry Vinaigrette

3.2011

Kid's menu

breakfast

- One egg \$.99
- One piece of bacon \$.99
- Mini Banana Nut Muffin \$.89
- Kid's serving of Oatmeal \$2.99
- Half Waffle \$2.99
- Half Chocolate Chip Waffle \$2.99
- Kid's Pancakes* \$2.99
**These are "heat and serve" pancakes just for our young friends.*

lunch

- PB&J with chips and a pickle \$3.19
- Cheese Toast with chips and a pickle \$2.19
- Grilled Cheese with chips and a pickle \$3.19
- Ham & Cheese Sandwich with chips and a pickle \$4.19
- Turkey & Cheese Sandwich with chips and a pickle \$4.19
- Kid's Serving of Chicken Noodle or Tomato Basil Soup . . . \$2.19
- Chicken Salad (4 oz.) \$2.19
- Two Chicken Tenders \$2.38
- Fruit Salad – melons, pineapple, and grapes (6 oz.) \$1.09
- Pasta Salad (4 oz.) \$1.09
- Bag of chips \$.99

All Sandwiches served on Farm Bread

beverages

- Milk – Whole, 2%, Skim \$.99
- Chocolate Milk – Whole, 2%, Skim \$.99
- Hot Chocolate – Whole, 2%, Skim \$.99
- Fountain Drinks \$.99
- Cup of juice—orange or apple \$.99

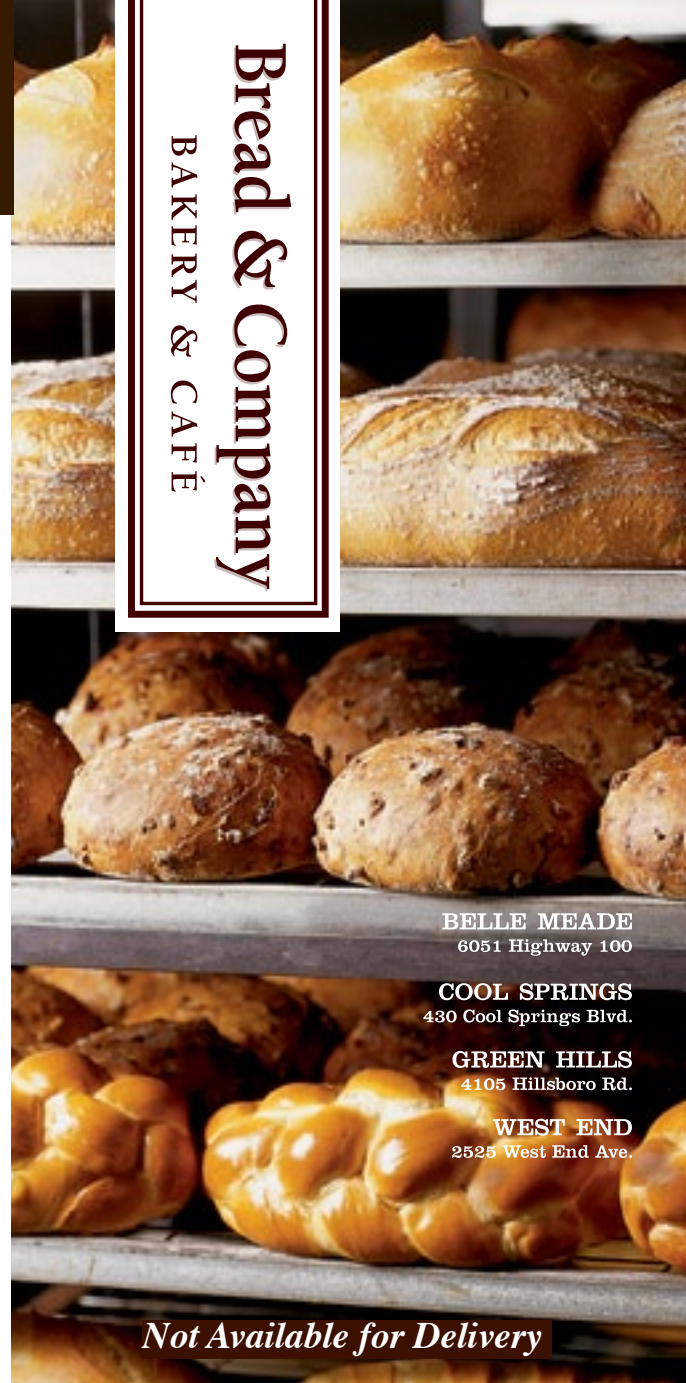


Mini Star Cookie
(contains nuts) **FREE!**

Bread & Company's Kid's Menu is created for our friends 10 and under. Our Kid's Menu is designed to give our little friends a tasty meal while helping out mom and dad's wallet. We ask that grown-ups keep this menu special for kids under 10, choosing other creations from our menu.

Bread & Company

BAKERY & CAFE



BELLE MEADE
6051 Highway 100

COOL SPRINGS
430 Cool Springs Blvd.

GREEN HILLS
4105 Hillsboro Rd.

WEST END
2525 West End Ave.

Not Available for Delivery

TRANS-FAT FREE
(by Choice)

www.breadandcompany.com
615.29.BREAD
(615.292.7323)

Bread & Company products might contain any of the following: eggs, milk, soy, peanuts, tree nuts, and wheat. Bread & Company products are created in a facility that processes eggs, milk, soy, peanuts, tree nuts, and wheat.

We thank you for choosing Bread & Company and other locally-owned independent restaurants. As always, we encourage and appreciate your feedback - it is as much a part of our business as the breads we bake.

Comments 615.772.0975
comments@breadandcompany.com

SIGNATURE SANDWICHES

All sandwiches served with chips or an apple.

Customer Favorites

Ultimate Club (Fair warning: it's a monster!) \$11.99
Pulled herb-roasted turkey breast, smoked ham, sharp white Vermont cheddar, red onion, avocado, green leaf lettuce, thick-cut bacon, tomatoes, mayonnaise and Grey *Poupon* between three slices of our freshly baked Sourdough bread.

Proquois (Winner of "Best Sandwich in Nashville"!) \$8.99
Our award-winning Almond-Tarragon Chicken Salad, green leaf lettuce and tomatoes on our freshly baked Cranberry Pecan bread.

Builder Veggie \$8.49
Provolone, artichoke spread, green leaf lettuce, tomatoes, sprouts, red onion, yellow peppers, cucumbers and avocado on our freshly baked Farm bread.

San Franciscan \$8.49
Juliened chicken, sun-dried tomato aioli, avocado, red onion, tomatoes and mesclun greens on our freshly baked Sourdough bread.

Fresh Mozzarella \$8.49
Fresh mozzarella, tomatoes, black olive tapenade, basil pesto and artichoke spread on our freshly baked Farm bread.

Honey Pecan Chicken Salad \$8.99
Honey Pecan Chicken Salad, green apples and alfalfa sprouts on our freshly baked Cranberry Pecan bread.

Recommended by Executive Chef Peter Moret

Almond-Tarragon Chicken Salad (Award Winning) \$8.49
Our award-winning Almond-Tarragon Chicken Salad with green leaf lettuce on our freshly baked Whole Wheat Farm bread.

Corned Beef \$9.49
Half-pound authentic New York corned beef, swiss and grainy mustard on our freshly baked New York Rye bread.

Premium Roast Beef \$8.49
Roast beef, green leaf lettuce, red onion, sharp white Vermont cheddar and horseradish-chive mayonnaise on our freshly baked Sourdough bread.

Low-Fat Chicken Salad \$8.49
Low-Fat Chicken Salad, green apples, tomatoes, and sprouts on our freshly baked Whole Wheat Farm bread.

More Specialities

Turkey

Something Natural \$8.49
Pulled herb-roasted turkey breast, artichoke spread, sprouts, tomatoes and swiss on our freshly baked Multigrain bread.

Steeplechase \$8.99
Pulled herb-roasted turkey breast, bleu cheese, green apples and honey mustard on our freshly baked Cranberry Pecan bread.

T.A.B \$8.99
Pulled herb-roasted turkey breast, bleu cheese, green apples, thick-cut bacon, sun-dried tomato aioli and pesto mayonnaise on our freshly baked Whole Wheat Farm bread.

Turkey and Bacon \$8.99
Pulled herb-roasted turkey breast, provolone, thick-cut bacon, green leaf lettuce and pesto mayonnaise on our freshly baked Whole Wheat Farm bread.

Turkey, Bacon and Cheddar \$8.99
Pulled herb-roasted turkey breast, sharp white Vermont cheddar, thick-cut bacon, green leaf lettuce, tomatoes, red onion, mayonnaise and Grey *Poupon* on our freshly baked Farm bread.

Turkey on Rye \$8.99
Pulled herb-roasted turkey breast, sharp white Vermont cheddar, thick-cut bacon, tomatoes, red onion, green leaf lettuce and chipotle mayonnaise on our freshly baked New York Rye bread.

Turkey with Roasted Red Peppers \$8.49
Pulled herb-roasted turkey breast, provolone, roasted red peppers, green leaf lettuce and pesto mayonnaise on our freshly baked Farm bread.

Ham

Ham and Cheddar \$8.49
Thinly sliced smoked ham, sharp white Vermont cheddar, green leaf lettuce, tomatoes, red onion, mayonnaise and Grey *Poupon* on our freshly baked Farm bread.

Ham and Swiss \$8.49
Thinly sliced smoked ham, swiss, mayonnaise and Grey *Poupon* on our freshly baked Farm bread.

Jambon et Fromage, a French Classic \$7.49
Thinly sliced smoked ham, whipped Plugra butter and Gruyère on our freshly baked Baguette.

Not sure what to order? Look for our  Award Winning Menu Items!

SIGNATURE SANDWICHES

All sandwiches served with chips or an apple.

Specialities (continued)

BLT \$6.99
Thick-cut bacon, tomatoes, green leaf lettuce and mayonnaise on our freshly baked Whole Wheat Farm bread.

Egg Salad and Bacon \$8.99
Hard-boiled eggs and mayonnaise with thick-cut bacon and green leaf lettuce on our freshly baked Multigrain bread.

Gourmet PB & A \$6.99
Peanut butter, honey cinnamon cream cheese and green apples on our freshly baked Cranberry Pecan bread.

Grilled Cheese \$6.49
Three slices of Gruyère and whipped Plugra butter on our freshly baked Farm bread.

Tuna Salad \$8.49
Tuna salad, green leaf lettuce and tomatoes on our freshly baked Farm bread.

Create Your Own Sandwich

Made-to-Order Sandwich \$8.49
Half Sandwich (Excluding the Ultimate Club) \$5.19

Freshly Baked Artisan Breads (Choose 1 item)

Baguette	Fiesta Jalapeño	Pane Bello
Cranberry Pecan*	Multigrain	Sourdough
Farm	New York Rye	Whole Wheat Farm

Meat/Fish/Poultry (Up to 2 items)

Chicken Salads	Bacon*	Roast Beef
Almond-Tarragon	Chicken Breast	Tuna Salad
Curried	Corned Beef	Turkey, Pulled
Honey Pecan	Egg Salad	Turkey, Sliced
Low-Fat	Ham	

Cheese (Up to 2 items)

Bleu	Muenster	Swiss
Cheddar, White	Pimiento	
Fresh Mozzarella**	Provolone	

Veggies (Choose as many as you like)

Alfalfa Sprouts	Mesclun Greens	Roasted Red Peppers
Apples (okay, it's a fruit)	Onions, Red	Tomatoes
Cucumbers	Peppers, Yellow	
Lettuce	Pickles	

Condiments (Choose as many as you like)

Artichoke Spread	Mayonnaise	Mustard
Balsamic Vinegar	Mayonnaise,	Mustard, Grainy
Pesto	Horseradish-Chive	Mustard, Grey Poupon
Sun-dried Tomato Aioli	Mayonnaise, Pesto	Mustard, Honey

*Add \$.50 **Add \$1.00

SIGNATURE SOUPS

Enjoy our famous **Tomato Basil, Chicken Noodle, Turkey Chili** and additional daily selections.

Cup \$3.99

Bowl \$6.99
Served either in our freshly baked Farm Boule or with 2 slices of our selected breads. (Add \$1 to substitute Cranberry Pecan)

Quart \$12.99
Served with 2 of our freshly baked Farm Boules or with 4 slices of our selected breads. (Add \$1 to substitute Cranberry Pecan)

SIGNATURE COMBINATIONS

Pair any two: Signature Salad, 1/2 Sandwich, or Cup of Soup and get \$1.00 off. (Excluding the Ultimate Club. No other sizes may be substituted.)

SIGNATURE DELI

1 slice of selected breads – \$0.95
1 slice of Cranberry Pecan bread – \$1.50

Customer Favorites

Fresh Fruit ^{side/pint/quat} \$4.39/\$7.69/\$15.39
A seasonal variety of honeydew, cantaloupe, pineapple, watermelon, strawberries and grapes with granola, crème fraîche or fat-free vanilla yogurt.

Simply Strawberries (seasonal availability) \$5.49/\$10.99/\$21.99

Almond-Tarragon Chicken Salad \$4.39/\$9.89/\$16.79
Our award winning chicken salad made with chicken breast, slivered almonds and fresh tarragon hand tossed in mayonnaise.

Mediterranean Salad \$3.89/\$8.79/\$16.79
Artichoke hearts, peppers, Kalamata olives, cucumbers, fêta, garbanzo beans and tomatoes in a light Greek dressing.

Pasta Salad \$3.29/\$6.59/\$13.19
Penne pasta, basil pesto, sun-dried tomatoes, Parmesan and toasted pine nuts.

Curried Chicken Salad \$5.49/\$10.99/\$20.89
Chicken breast, Red Flame raisins, scallions, red onions, honey and curry powder hand tossed in mayonnaise and sour cream.

Honey Pecan Chicken Salad \$4.39/\$9.89/\$19.79
Chicken breast, Sunnyland Farms pecans, red onions, celery, grapes, parsley and honey hand tossed in mayonnaise.

Low-Fat Chicken Salad \$3.89/\$7.69/\$15.39
Chicken breast, celery, red onions, parsley, low-fat cottage cheese hand tossed in mayonnaise, mustard and paprika.

Triple Crown \$11.59
Enjoy one serving each* of your **three** favorite deli items, served with a petit pain roll. *Two Chicken Tenders make up a serving. One Twice-Baked Potato per order.

More Specialities

Bacon and Bleu Cheese Potato Salad \$3.29/\$5.49/\$9.89
New potato salad with crumbled bleu cheese, bacon and sun-dried tomatoes.

Broccoli Salad \$3.29/\$6.59/\$13.19
Fresh broccoli with mandarin oranges, dried cherries, grapes, sunflower seeds, almonds, bacon, and red onion with honey, mayonnaise and apple cider vinegar.

Chicken Pasta Salad \$4.39/\$8.79/\$18.69
Angel hair pasta, chicken, artichoke hearts, mayonnaise, parsley, green onions, basil, oregano, red pepper and Parmesan.

Chicken Tenders \$1.19/each
Just plain good! Try them with our honey mustard sauce.

Corn & Black Bean Salad \$2.79/\$5.49/\$9.89
Roasted yellow corn and black beans hand tossed with fresh peppers, Southwestern seasonings and a hint of fresh lime juice.

Edamame Succotash \$4.39/\$7.69/\$15.39
Edamame, corn, red pepper, red onion, garlic, parsley and basil in a white wine vinaigrette.

Orzo with Vegetables \$3.29/\$7.69/\$14.29
Orzo pasta with mixed peppers, red onion, toasted pine nuts, fêta and basil in a lemon olive oil dressing.

Potato Salad \$2.19/\$4.39/\$8.79
Traditional potato salad with mayonnaise, mustard, chives, eggs and pickle relish.

Strawberry Granola Wrap \$3.99/each
Sliced strawberries, house granola and strawberry cream cheese wrapped in a whole wheat tortilla. *limited availability.*

Turkey and Artichoke Salad \$3.89/\$8.79/\$15.39
Pulled herb-roasted turkey breast, artichoke hearts, red onions, celery and fresh lemon juice hand tossed in mayonnaise.

Turkey Meatloaf \$4.39/each
Fresh ground turkey seasoned and baked "Southern Style" with onions, ketchup and chili sauce.

Twice-Baked Potato \$5.49/each
Loaded with sautéed onion, cheddar and butter.

Waldorf Salad \$2.19/\$4.39/\$8.29
Red and green apples tossed with mayonnaise, fresh lemon juice, dried cranberries, red onions, celery, apricots and Sunnyland Farms pecans.

Check the deli case for additional seasonal options!